

## Praying Psalm 34

Read Psalm 34 each day. Then chew on one verse each day and digest it into your soul. Let each verse guide you in talking with the LORD. Turn each bullet point into your prayer and add others.

### MONDAY

**v.1 I will bless the LORD at all times; his praise shall continually be in my mouth.**

- Fill me with praise for you each morning and throughout the day
- Let a song of praise always be on my lips and in my heart

**v.2 My soul makes its boast in the LORD; let the humble hear and be glad.**

- Let my life boast of you today in a way that impacts my unchurched friend
- Touch the life of my friend through the power of praise and worship

**v.3 Oh, magnify the LORD with me, and let us exalt his name together!**

- Work through me to help others see God in a magnified manner
- Let my life exalt (lift high) the name and character of God

### TUESDAY

**v. 4 I sought the LORD, and he answered me and delivered me from all my fears.**

- Guide me to always humbly seek your wisdom and help
- Strengthen me in times of fear to fully trust you

**v.5 Those who look to him are radiant, and their faces shall never be ashamed.**

- Lead me to be a radiant witness to my unchurched friend
- Protect me from any action that would bring any shame in my life

**v.6 This poor man cried, and the LORD heard him and saved him out of all his troubles.**

- Let me humbly cry to you with assurance that you hear my prayer
- Save me and help me trust you in and through troubled times

### WEDNESDAY

**v.7 The angel of the LORD encamps around those who fear him, and delivers them.**

- Place your angels of protection around me and our church
- Deliver us from the influence and powers of the Evil one

**v.8 Oh, taste and see that the LORD is good! Blessed is the man who takes refuge in him!**

- Guide me to feast upon you and your word each day, digesting it fully
- Lead me to humbly run to you for refuge and find strength in you

### THURSDAY

**v.9 Oh, fear the LORD, you his saints, for those who fear him have no lack!**

- Guide me to have a reverent fear of God that leads to obedience
- Open my unchurched friend's heart to fear and reverence you

**v.10 The young lions suffer want and hunger; but those who seek the LORD lack no good thing.**

- Guide me to hunger for a meaningful time alone with you each day
- Help my unchurched friend to seek you and come to know you

**v.11 Come, O children, listen to me; I will teach you the fear of the LORD.**

- Open my ears to hear the whisper of your Spirit throughout the day
- Teach me your ways and help me follow, trust, and obey you

### FRIDAY

**v.12 What man is there who desires life and loves many days, that he may see good? Keep your tongue from evil and your lips from speaking deceit**

- Help me to always be disciplined in what I say
- Give me wisdom to speak words of encouragement to others

**v.14 Turn away from evil and do good; seek peace and pursue it.**

- Keep me focused on the good and protect me from evil ways
- Give me wisdom to be a peacemaker in times of conflict

**v.15 The eyes of the LORD are toward the righteous and his ears toward their cry.**

- Keep me mindful that you are watching over me at all times
- Thank you for hearing my cry in times of need

### SATURDAY

**v.17 When the righteous cry for help, the LORD hears and delivers them out of all their troubles.**

- Guide me to live a righteous life that can hear you and call on you
- Deliver me and guide me to grow in times of trouble

**v.18 The LORD is near to the brokenhearted and saves the crushed in spirit.**

- Work through me to touch the brokenhearted
- Guide me in encouraging those who are crushed in spirit

**v.19 Many are the afflictions of the righteous, but the LORD delivers him out of them all.**

- Help me grow in times of affliction that bears witness to my unchurched friend
- Open the eyes of my friend to see their need for deliverance from sin