

## Praying Psalm 32

Read Psalm 32 each day. Then chew on one verse each day and digest it into your soul. Let each verse guide you in talking with the LORD. Turn each bullet point into your prayer and add others.

### MONDAY

*v.1 Oh, what joy for those whose disobedience is forgiven, whose sin is put out of sight!*

- Protect me from rebellious disobedience that breaks your standard
- Help me not fall short of your moral standard
- Convict my unchurched friend of their need of forgiveness

*v.2 Yes, what joy for those whose record the LORD has cleared of guilt, whose lives are lived in complete honesty!*

- Let the joy of your forgiveness overflow in my life and glorify you
- Help me to be completely honest with you about my sin
- Reveal to my friend the need and joy of forgiveness

### TUESDAY

*v.3 When I refused to confess my sin, my body wasted away, and I groaned all day long.*

- Keep my heart sensitive to sin that can numb my conscience
- Help me to always be willing to confess and repent
- Open my eyes to the devastation of my unconfessed sin

*v. 4 Day and night your hand of discipline was heavy on me. My strength evaporated like water in the summer heat.*

- Let your hand of discipline weigh heavy on my unchurched friend
- Protect me from sin that saps my physical and spiritual strength
- Help me to not become numb to your hand of discipline

### WEDNESDAY

*v.5 Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, "I will confess my rebellion to the LORD." And you forgave me! All my guilt is gone.*

- Help me be open to you about any sin and not try to hide or ignore it
- Let my confession and repentance of sin be authentic
- Open the heart of my unchurched friend to not rebel but surrender

### THURSDAY

*v.6 Therefore, let all the godly pray to you while there is still time, that they may not drown in the floodwaters of judgment.*

- Lead me to live a godly life that removes all barriers to prayer
- Help me not neglect conversing (praying) with you consistently
- Guide me to confess my sin before consequences come flooding in

*v.7 For you are my hiding place; you protect me from trouble. You surround me with songs of victory.*

- Guide me to always run to you as my hiding place in troubled times
- Protect me from decisions that would get me in trouble
- Keep me mindful of my victory in Jesus, even in the face of trouble

### FRIDAY

*v.8 The LORD says, "I will guide you along the best pathway for your life. I will advise you and watch over you.*

- Help me to always surrender to your guidance on the best pathway
- Advise me in every decision and protect me from going it alone
- Keep me mindful that you are watching over my every move

*v.9 Do not be like a senseless horse or mule that needs a bit and bridle to keep it under control.*

- Protect me from being like a senseless mule and not follow you
- Help me to follow the whispers of your Spirit in my life
- I give you total control of my life today

### SATURDAY

*v.10 Many sorrows come to the wicked, but unfailing love surrounds those who trust the LORD.*

- Open my friend's eyes to the sorrow that awaits them without you
- Let the reality of your love strengthen my faith in you today
- Give me the grace to trust you more and more

*v.11 So rejoice in the LORD and be glad, all you who obey him! Shout for joy, all you whose hearts are pure!*

- Open the eyes of my friend to the joy of surrendering to you
- Convict me of every impurity in my life and guide me to repent
- Guide me to live with a pure heart to see and know you better