

## Praying Psalm 23

Read Psalm 23 each day. Then chew on one verse each day and digest it into your soul. Let each verse guide you in talking with the LORD. Turn each bullet point into your prayer and add others.

### MONDAY

#### *v. 1a The LORD is my shepherd,*

- You are LORD and there is no other true and living God
- You are LORD and I bow before you now as the LORD of my life
- I worship you LORD with reverence and rejoice in your love for me
- O LORD, how majestic is your name in all the earth
- I love you LORD, you are my strength, my salvation and guide

#### *v 1b The LORD is my shepherd,*

- I will follow you today as my shepherd and guide
- I will trust in your protecting hand in my life
- Thank you for being my shepherd who leads, feeds and protects me

#### *v 1c I shall not be in want.*

- You are gracious in providing everything that I need
- Give me a passion for what you want for this life
- Fill my life with your abundance that radiates your glory

### TUESDAY

#### *v. 2a He makes me lie down in green pastures,*

- Guide me to consistently lie down in your green pastures
- Let me feast on your presence and provisions
- Nurture me in intimate times of eating from your green pastures
- Lead me in eating your word daily and applying it to my life
- Continually teach me how to chew on your word and digest it

#### *v. 2b he leads me beside quiet waters,*

- Quiet my soul in your tranquil waters for my soul
- Guide me to rest—physical, mentally, emotionally and spiritually
- Let your peace flood my soul, even in turbulent times.
- Let your quiet waters flow in my life throughout this day
- Lead me to always quench my thirst with the quiet water you give

### WEDNESDAY

#### *v.3a he restores my soul.*

- Restore my soul each day with the refreshment of your presence
- Give me a clean heart, free from any clutter that would bog my life
- Continually refresh my soul with your Holy Spirit

#### *v.3b He guides me in paths of righteousness for his name's sake.*

- Guide me on the right path that honors and glorifies you
- Show me any unrighteousness in my life where I need to repent
- Work through me to guide others onto the path of righteousness

#### *v.3c He guides me in paths of righteousness for his name's sake.*

- Let my life always bring honor and glory to your name
- Open my eyes to anything that would dishonor your name
- Show me how to encourage others to live for your name's sake

### THURSDAY

#### *v.4a Even though I walk through the valley of the shadow of death,*

- Guide me to grow through each valley in life
- Let my life honor and glorify you in the valleys of life
- Thank you that the shadow of death is not the end of life with you

#### *v.4b I will fear no evil, for you are with me;*

- Let your presence in my life be sufficient over fears that come
- Keep me mindful that nothing can separate me from your presence
- Strengthen me with the reality of your presence in my life

#### *v.4c your rod and your staff, they comfort me.*

- Thank you for the protection and guidance of your rod and staff
- Thank you for your comfort when I hurt and feel weak
- Thank you for the reality of your presence through your rod and staff

### FRIDAY

#### *v.5a You prepare a table before me in the presence of my enemies.*

- Consistently bring me to the table you have prepared for me
- Give me an insatiable hunger for you and your word.
- Use me to be salt that creates thirst in others for God's table
- Guard me from enemies that would distract me from your table

#### *v.5b You anoint my head with oil; my cup overflows.*

- Thank you for anointing me with your Spirit who lives in me
- Anoint me as an ambassador for Christ to share the gospel
- Anoint me with your Spirit and fill me to overflowing

### SATURDAY

#### *v.6a Surely goodness and love will follow me all the days of my life*

- Thank you for your goodness and love in my life
- Let your goodness and love overflow in my life to the unchurched
- Thank you that nothing can separate me from your love
- Let my life radiate an intimate walk with you

#### *6b and I will dwell in the house of the LORD forever.*

- Thank you for the hope of dwelling in your house forever
- Work through me to share this hope to my unchurched friends
- Use me to encourage others to have a passion for the lost
- Guide me to live as one who will dwell with God forever