

Praying Psalm 1

Read Psalm 1 each day. Then chew on one verse each day and digest it into your soul. Let each verse guide you in talking with the LORD. Turn each bullet point into your prayer and add others.

MONDAY

v. 1a How blessed is the man

- Guide me to live a life you can bless and be a blessing to others
- Bless me O Lord and let your blessing on my life glorify you
- v. 1b who does not walk in the counsel of the wicked*
- Guide me to walk wisely in my thoughts, words, actions and attitude
- Guard me from the wicked influence but rather be a good influence

v. 1c Nor stand in the path of sinners,

- Help me to stand strong in trusting you in all things
- Work through me to be an influence on those on a path without God

v. 1d Nor sit in the seat of scoffers!

- Protect me from ever scoffing (making light or mocking) of anyone
- Show me how to reach out to scoffers (those who mock God)

TUESDAY

v. 2a But his delight is in the law of the LORD,

- Keep me focused on you being the delight of my life
- Protect me from being distracted from delighting in your word
- Give me a deep hunger for your word—daily

v. 2b And in His law he meditates day and night.

- Help me to consistently meditate (chew) and digest your word
- Guide me to daily grow as I meditate (chew) on your word
- Give me direction for my life as I meditate on your word

WEDNESDAY

v.3a He will be like a tree firmly planted by streams of water

- Lead me to remain firmly planted in fellowship with you
- Restore my soul each day with the refreshment of your presence

v.3b Which yields its fruit in its season

- Let the fruit of the Spirit overflow from my life
- Protect me from being a fruitless follower

v.3c And its leaf does not wither.

- Lead me to remain in you and your life flowing through me
- Guide me to flourish and never wither spiritually

v.3d And in whatever he does, he prospers.

- Help me understand and live a prosperous life in your sight
- Let any prosperity in my life reflect glory to you

THURSDAY

v.4a The wicked are not so

- Work through me as a positive influence on those far from God
- Help my friend see their wickedness as you see it
- v.4b But they are like chaff which the wind drives away.*
- Open the eyes of my friend of the “chaff” kind of life they are living
- Help my friend to understand the eternal separation they are facing

v.4c your rod and your staff, they comfort me.

- Thank you for the protection and guidance of your rod and staff
- Let me be sensitive and surrendered to your rod and staff

FRIDAY

v.5a Therefore the wicked will not stand in the judgment.

- Open the eyes of my friend to see he will not stand without Jesus
- Convict my friend of the future judgement he is facing
- Thank you that by faith we have passed from judgment into life

v.5b Nor sinners in the assembly of the righteous

- Open my friend’s eyes to seeing the need for your righteousness
- Convict my friend that his righteousness is not adequate
- Thank you for the hope of assembling with believers forever

SATURDAY

v.6a For the LORD knows the way of the righteous

- Keep me mindful that you know everything about me
- Thank you for the gift of righteousness you have given me by faith
- Lord, I confess that I have no righteous outside of you

6b But the way of the wicked will perish

- Open the eyes of my unchurched friend to see where his way ends
- Help me be on guard of following the way of the wicked
- Give me a consciousness of any wickedness in my life