

SERMON NOTES

MAY 17, 2020

Philippians 4:8



Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

Philippians 4:8

Designed to Worship

You have probably heard the statement, “a penny for your thoughts,” meaning; what’s on your mind? Are your thoughts more valuable than just a penny? Most certainly! In fact, our thoughts flow from our heart (for better or worse). This is why the Bible commands us to protect our hearts (Proverbs 4:23). Philippians 4:8 directs us to think about things that lead us to worship. There is great wisdom here. When we worship, we glorify God and find our deepest joy – this is how God has designed us!

Conversation Starters

1. What resonated most with you from Sunday’s sermon?
2. What did you read or hear that made your heart worshipful?

Deeper Reflection

From your sermon notes and reading of Philippians 4, consider the questions below individually and with your group.

1. In v. 8, Paul encourages believers to *engage* their minds for God’s peace, not turn them off. The encouragement toward truthful and praiseworthy things is appropriate because we so often tell ourselves lies. Can you think of lies you tell yourself? If not, you’re not alone. Hearing our own lies is difficult. Make a list of your worries and ask God and others to show you where your worries are lying to you. How are those lies robbing your worship?
2. Read Proverbs 4:20-27. How does the writer direct us to participate in the heart guidance that God promises (vv. 24-27)?

As you listen to the sermon, fill in the blanks below.

1. _____ your thoughts.

2. _____ your thoughts.